I Have Gained 20 Pounds and My Run Doesn't Tire Me At All Since I Took

says Geo. Rogers, 426 California Ave., Chicago, well known dining car steward on the Grand Trunk System. Exhaustion after work, loss of appetite,

sluggish liver, dullness and lack of energy are nature's warnings. Check these symptoms today by getting a bottle of Tanlac. At all good druggists.

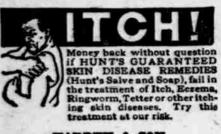
### BE BANNED

pictures featuring Roscoe (Fatty) Arbuckle by the Lord's the limits of his own State. Day Alliance of New York in a letter made public recently.

Calling Arbuckle's acquittal on a charge of manslaughter and the jury's statement in his behalf a 'whitewash," the letter addressed to Mr. Hays said:

"We respectfully urge upon you that you use your authority to intervene and prevent the outrage to the moral sensibilities of the citizens of this country threatened in the proposal again to exhibit any Arbuckle films."

A Congressman asleep on the job is one that should retire.



VARDEN & SON. Paris, Ky.

#### FORTY YEARS IN THE NEWSPA PER BUSINESS

(Courier-Journal

When one picks up a handsome pamphlet bearing the title. "A Humiliating Confession," he is puzzled by that title; for the pamphlet tells the story of Urey Woodson's Messenger, published and edited by him at Owensboro for forty years. Newspaper men knew there is nothing humiliating in that story, and only a search reveals what humiliation Mr. Woodson can confess.

"It is a humiliating confession." he says, "that, after more than forty years' endeavor to produce one of the best small dailies in the country, we have sadly fallen behind in caring for our own interests; we have fail-

producing "one of the best small an example of inflated currency. territory. He has succeeded in mak-ASKS THAT ARBUCKLE FILMS ed in a modern newspaper plant and that money is something that re-Will H. Hays, director of the Na- of activity, both in business and pol- Poland and some other countries of tional Association of Picture Pro- itics. And his success in these va Europe know that this can not be ducers and Distributors, was called rious fields has been such as to ex- done. upon to prevent exhibition of mo- tend his reputation for success, as journalist and politician, far beyond United States to finance all the

#### HOW'S THIS?

HALL'S CATARRH MEDICINE will do what we claim for it—rid your system of Catarrh or Deafness caused by ca-tarrh. We do not recommend it for any

tarrh. We do not recommend it for any other disease.

HALL'S CATARRH MEDICINE is a liquid, taken internally, and acts through the blood upon the mucous surfaces of the system, thus reducing the inflammation and assisting Nature in restoring normal conditions.

All Druggists. Circulars free.

F. J. Cheney & Co., Toledo, Ohio.

Must Be Done by an Expert.

Jud Tunkins says the public likes to be humbugged by a man as clever as P. T. Barnum was, but it's a nuisance to have the trick tried by bungling amuteurs.

Some men do not know whether they are going to have a garden because their wives have not yet decided.

Mr. Barnes Has Right Idea.

"The man who brags about himself," said Mr. Stormington Barnes, "usually proves to be an excellent advance agent for a very bad star."

STIMULATE YOUR

The skin with its net work of tiny pores and glands should never be allowed to become sluggish and in-

active. Dirt, cold cream, rouge and powder will clog the pores, enlarge them and produce blackheads and blemishes unlesss the skin is cleansed thoroughly with soap and water at least once every day.

This simple method of beautifying was Cleopatra's secret. She knew that to have a fresh fine skin thorough cleansing was necessary. She used Palm and Olive oils, the same rare oils which are blended in Palmolive.

If you use a fine mild soap, there is no danger of irritation. Palmolive with its creamy lather, is lotion-like in its action. It freshens, revives and stimulates and leaves the skin delightfully fresh and sevent the skin delight-

first class groceries and drug stores.

THE PALMOLIVE COMPANY

Milwaukee, Wis.

You can buy Palmolive Soap at all

Mr. Jenkins Took a Cracked

Club To Tame Lions

The exhibition ended rather badly. It very nearly was a big day for the lions and a sad day for Mr. Jenkins-all for

Many a man who has business to do and

Nuts digests quickly and whole-

somely. Served with cream or

good milk, it is a complete food-

Grape-Nuts is just the food for

those who care to meet life's situa-

tions well prepared in health.

Order Grape-Nuts from your

grocer today. Try it with cream

or milk for breakfast or lunch, or

made into a delightful pudding

a living to make and a job to fill is as care-

less how he feeds his body as Mr. Jenkins

want of proper care in getting ready.

crisp and delicious.

was in picking out a club.

for dinner.

fully fresh and rosy.

Some foods are too heavy, some

are too starchy, many lack neces-

sary elements and so starve the

body - and many load the system

down with fermentation and auto-

and strength. It contains the full

richness of wheat and malted bar-

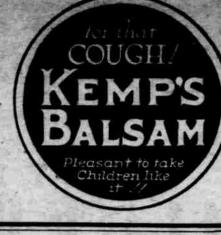
ley, including the vital mineral

elements, without which the body

cannot be fully sustained. Grape-

Grape-Nuts helps build health

intoxication.



#### MORE MONEY NOT THE NEED

Many persons, some of them posed to establish advertising rates for ing as teachers of economics of a get some 'thunder' for the memnawspaper of its circulation and in the circulating medium as the solution of the trade difficulties of If Urey Woodson has failed in that the times. Others hold that such annually, about 60,000,000 pounds then that must be his one failure. increase would be futile, if not dan- of cigar type tobacco. He said the For he has certainly succeeded in gerous, and they point to Europe as

dailies in the country." He has suc- It seems strange that any person sold last winter for less than 7 cents ceeded in making it a power in its who has followed the experience of a pound. As a consequence, he said, most European countries since the the Wisconsin growers are facing ing it so prosperous that it is hous- war will still adhere to the idea conditions similar to those that exenables its proprietor to divert some quires only a government stamp to the growers realize they must orof his versatile talents to other lines make it valuable. Germany, Russia, ganize for self-protection.

> There is enough money in the manufacturing and business enterprises for which there is a legitimate within a few months, Wisconsin demand in the production of goods. This demand can not be created by the issue of large quantities of cur rency, but by the inclination to buy.

> It is methods, not money, which the various interests of the United States need. There must be more economical distribution of manufactured and agricultural porducts, and there must be adjustments in other lines that will make conditions more normal. When that it done, there will be money for all genuine needs and Tennessee are very encourag of the nation. but if more is needed ing. the government need not resort to flat issues of currency.

# DYE DRESS, SKIRT

Each package of "Diamond Dyes" any woman can dye or tint faded, Indiana. sweaters, stockings, hangings, draperies, every thing new. Buy "Diamond Dyes"-no other kind-then perfect home dyeing is guaranteed, even if you have never dyed before. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton or streak, spot. fade or run. (adv)

Long Day Coming.

The friction set up on the earth causing the earth to turn more slowly, one two-hundredth of a second in a century. The effect being eventually a day of 1.400 hours.

The Real Test.
"A speechmaker nowadays," said Uncle Eben, "ain't satisfied wif applause. De real test of his eloquaclousness comes at de conclusion, when he takes up a collection."

## WIDE INTEREST IN NEW BUR

Tobacco growers from all over the United States are interested in the success of the Burley Tobacco Growers' Co-operative Association, according to inquiries received from every tobacco growing State in the Union and to the number of personal investigations being made by tobacco men from the various States.

L. C. Foster, of Madison, Wis., Deputy Commissioner of the Bureau of Markets, is in Lexington to study the plan of the burley association. Mr. Foster is one of the leaders in a movement in Wisconsin to organize the tobacco growers along the lines of the Kentucky association and has come here, as he expresses it, "to the Messenger that are fair to a certain kind, advocated an increase bership campaign" which he plans to start within a few weeks.

Mr. Foster said Wisconsin grows, 1920 crop sold at an average of 40 cents a pound. The 1921 crop isted in Kentucky one year ago, and

Mr. Foster, who has been in conference with officials of the association, said he was greatly impressed by the wonderful progress the organization has made in so short a time, and he assured these men that. would join hands with Kentucky. Ohio, Indiana, Virginia, the Carolinas and other States that have adopted the co-operative plan of marketing tobacco.

Hugh West, of Hopkinsville, Ky., also visited the association's offices. Mr. West who is from the dark tobacco district, and one of the prime movers in the organization work there, reports that the prospects for a co-operative in Western Kentucky

Plans are being formulated for beginning within a few weeks another intensive campaign for members. Every county already organized will be recanvassed, but special effort will be made to sign up the small percentage of burley growers still outside.

Mr. Stone predicts that in the near future the Burley Association will have control of practically the entire burley tobacco production.

The field service division reported the receipt, during the week, of 115 contracts, representing about 300,000 pounds. Of these thirty were received from Bracken county, thirteen from Rockcastle and ten contains directions so simple that Boone, Kentucky, and nineteen from

#### GENOA PROMISES MUCH

The prompt manner in which differences of opinion between the various delegates to the Genoa conference have been brought to the front, disclosing the extent of the mixed goods. Diamond Dyes never chasms which must be bridged if comity and understanding is to be be restored among the nations of Europe, is a good omen. This in itself is a step forward and paves the way for a frank exchange of views.

In view of some recent history, by the tidal drag is acting as a brake, the French government hardly can be blamed for being unwilling to thereby increasing the day's length by run the risk of losing the fruits of the treaty of Versailles until some other means of putting the prostrate nations on their feet have been considered. One of the great hopes for the success of the meeting lies in the British premier's leadership. No other statesman of the present is so well fitted for the difficult task he

> American public sentiment approves the admission of the Germans to the conference. whatever its opinion of the propriety of admit ting the Bolsheviki as representatives of the Russian people. The objection of the French and Belgians to the inclusion of their former foes in the membership of the principal committee is easily understood, but it is gratifying that they listened to the British premier's counsel and changed their attitude.

#### PUBLIC OPTION

"There may have been a time when some public utilities turned their backs oi public opinion but that time has certainly passed" said the operator of a large public utility following the meeting of the American Electric Railway Association at Indianapolis last month.

At this meeting, one of the foremost men in the public utility business, Samuel Insull, President of the Commonwealth Edison Company of Chicago. made a speech on the subject of "Public Relations—the most important asset for a utility." Mr. Insull very aptly hit the nail on the head when he said:

"Our trouble lies mainly in the fact that for a great many years we lacked understanding of the economics of our business ourselves and that at this time a knowledge of the true economics is confined to a few of the people engaged in those businesses. What we need worse than anything else is to sell our business to our own officials and employes and then sell it to the public."

London is reported to be prepared to pay the interest on its war debt to the United States.

## FINEST CANDIES

IN ATTRACTIVE BOXES

AN APPROPRIATE GIFT

MISS HOLLADAY

## **GEORGE R. DAVIS** UNDERTAKER

Distinctive Service

BOTH TELEPHONES

Night

## Which Daily Paper?

A Question That is Quickly and Readily Answered

## The Courier-Journal

Largest Morning Circulation of Any Kentucky Newspaper

Enjoys a nation-wide prestige and reputation. It is essentially a newspaper, intent upon giving news matter first consideration.

Maintains its own news bureaus at Washington and Frankfort. Member of the Associated Press.

With important legislation coming before Congress and the Kentucky General Assembly in 1922, the Courier-Journal is the daily newspaper you will need.

By special arrangements we are now able to offer

#### The Daily Courier-Journal

The Bourbon News BOTH ONE YEAR BY MAIL FOR ONLY \$5.50

This offer applies to renewals as well as new subscriptions, but only to people living in Kentucky, Tennessee or Indiana. New subscribers may, if desired, start at a later date, and renewals will date from expiration of present ones.

If you prefer an evening newspaper, you may substitute The Louisville Times for The Courier-Journal.

Send or bring your orders to the office of THE BOURBON NEWS.

# CONVENIENT L.&N. Morning Train Service Louisville

Leaves Paris 7:00 a. m. daily except Sunday arriving Baxter Ave. Station, Louisville, 11:11 a. m.

Arrives Louisville Union Station 11:30 a. m., offering direct connection with the new Louisville & Nashville super all steel limited train, "The Pan-American," for Memphis and beyond, and for Birmingham, Pensacola, Mobile, New Orleans,, etc., carrying Observation Car, Drawing Room-Compartment Sleepers, Dining Cars, Parlor Car, Coaches, etc.

For further information apply to W. Agent L. & N. R. R., Paris, Ky. (apr18-21-25-28)

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Telephone No. 4

West Fifh Street



With all the latest improvements in laundry appliances and expert helpers we are prepared to do work inferior to none, and solicit your patronage.

The Bourbon Laundry

Paris, Kentucky

NAMES OF PERSONS ASSESSMENT ASSESSMENT ASSESSMENT ASSESSMENT ASSES

"There's a Reason"

Grape-Nuts—the Body Builder

Made by Postum Cereal Co., Inc., Battle Creek, Mich.